

SHANNON HONEYBLOOM

La Dolce Vita, and struggles too

HOME ABOUT SHANNON LIFE EQUALS ART THE BOOK

Pretty Stuff: Fun with Organic Makeup

OCTOBER 20, 2011

By shannon honeybloom in [To PLAY](#)

Tags: DR.

HAUSCHKA, KJAER WEIS, MAKEUP

LEAVE A COMMENT

Playing with makeup is fun. And I try and stay organic with what I put on my face and my skin.

These days, there are lots of great organic makeup lines to choose from. Old staples like [Dr. Hauschka](#) have wonderful products and colors, and new lines such as [Kjaer Weis](#), are leading the way with beautiful tints and stunning refillable packaging. Right now those two are my go to brands for natural makeup. I love the Kjaer Weis lip and cheek tints. Her eye shadows are lovely too. Dr. Hauschka eye liner and mascara and concealer are long time favorites; and they also have really nice eye shadow palettes and powder blushes.



There are some good beauty blogs that focus on natural makeup, such as [Scent Hive](#), and [Fig & Sage](#), and some nice websites that sell only natural products – including [Saffron Rouge](#), [Spirit Beauty Lounge](#), and [Slow Fashion House](#) (the latter one if you are in Europe).

And if you are looking for tips on how to put on makeup, check out [Lisa Eldridge](#). This is her tutorial using organic makeup.

LIFE EQUALS ART

To Arrive To Bake To Balance To Bathe To Bear Witness To Be Happy To Be Honest To Be Patient To Be

Thankful To Breathe To Bring

Good Luck **To Celebrate**

To Commit To Cook To Create To Decorate To Dream To Eat To Explore To Farm To Garden To Give To

Heal To Hear **To Home-**

Make To Hope To Include To Lean To

Listen To Live To Lose **To Love To**

Make To Marry To Meditate **To**

Nest To Nourish To Nurture To

Observe To Pack To Parent **To Play**

To Read To Rest To Search to

See to seize the day To Shop To

Simplify To Sing **To Slow Down To**

Smell To Snow To Storm To Taste To Tell

the Truth To Toast To Touch **To**

Travel To Watch To Wish

Uncategorized

JOIN ME ON FACEBOOK!

Honeybloom at Home su Facebook

Mi piace

Honeybloom at Home piace a 775 persone.

Tamarcus Jay Jay Dylan

Rasheed Emily Essence

Anita Reza Sarah

Emmy Angi Jonpaul Whit

Plug-in sociale di Facebook

COME TWITTER!

Pretty Stuff: Fun with Organic Makeup
<http://t.co/xaoek8Sc> o minutes ago

I'm in the mood to paint walls after reading

this "nytimes: Design Notebook: Eve Ashcraft, the Paint Doctor, Is In
<http://t.co/w1XOBFKg> 6 hours ago

Looking for a good book to curl up with during these chilly autumn evenings? Mini reviews, try one of these:
<http://t.co/37RbHoYr> 1 day ago

What to Read: Two (very different) Books
<http://t.co/gqige4ny> 2 days ago

Exploring Scent -- a perfume exhibit in NYC: The Perfume Project: <http://t.co/v9vBwwio>
6 days ago


shoneybloom

Enter your email address to subscribe to this blog and receive notifications of new posts by email.

Join 77 other followers

Sign me up!

ShannonHoneybloom



Making A Family Home by Shannon Honeybloom

Follow me on Vodpod

powered by vodpod

He is the happiest, be he king or peasant, who finds peace in his home. -Goethe

LINKS

[Aftelier Perfumes](#)

[Alliance for Childhood](#)

[Bella Luna Toys](#)

[Calendar of the Soul](#)

[Conscious Parenting Guide](#)

[Lalita Living](#)

[LILIPOH](#)

[Lisa Richards Music](#)

[Nature Institute](#)

[Skip Hunt Photography](#)

[Steiner Books](#)

[Waldorf Mama](#)

[wendy walker books](#)

[You and Your Child's Health](#)

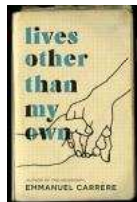
SUBSCRIBE TO THE RSS FEED

Share this: Facebook Twitter Email Digg Print
StumbleUpon Reddit

What to Read: Two (very different) Books

OCTOBER 18,
2011

By shannon
honeybloom
in To BEAR
WITNESS, TO READ
Tags: BOOKS,
EMMANUEL
CARRERE, JILL
ABRAMSON, LIVES
OTHER THAN MY
OWN, THE PUPPY
DIARIES



At first there was no way I was going to read a book called Lives Other Than My Own, by Emmanuel Carrere (also a screenwriter and director). I felt it would be too painful to read. It's framed around the death of two people — a four-year-old girl who died in the tsunami in Sri Lanka, and the author's sister-in-law — a thirty-three-year-old woman who died in France. But somehow I picked it up anyway, and once I began, I continued.

I continued to read because once I started, I had the feeling that I was also bearing witness to the lives of a group of wonderful individuals, just as the author does. And he does it beautifully. Yes I sobbed reading the story of the child, a girl named Juliette. And watching the parents in their grief was excruciating, especially as the mother of a young daughter myself.

The majority of the book traces the life of the sister-in-law, also named Juliette. Her story, as told to Carrere by the people who were closest to her, is incredible and moving. Carrere writes with humility and kindness and compassion of her life and death.

From a distance, the story of her life is a small, suburban tale. But up close, and the author takes us very close, it is a life of courage and hope, loss and love, strength and beauty, grace and incredible dignity.

I guess I hope and think that we are all like that in a small way. We all live our little lives with our petty concerns, our worries, our daily tasks. But hopefully, when all is said in done, we have lived with grace and strength and that if someone were to look closer, they would inevitably find the vulnerable humanity in each of us, and celebrate the tiny strides we each make every day.

Missing my puppies, who are currently on extended vacation with grandma, I came across The Puppy Diaries, by Jill Abramson (now the executive editor of the NY Times) on my kindle. Dog memoirs would seem to be a silly genre. But I've read several and they can be quite compelling. Books about dogs are books about their owners, and about the trials and tribulations of life as seen through a particular relationship.

Scout, the dog in this instance, is a beautiful blond golden retriever, and her owners, Jill and Henry, are empty nesters.

Jill is recovering from depression and a series of serious accidents, and her family urges her to get a dog. So along comes Scout. I know something about the healing powers of animals. My own dogs are wonderful and sweet companions.

So I fell in love with Scout too. The Puppy Diaries is a sweet and entertaining book which describes with much humor and joy life with Scout. It made me miss my pups all the more.

Share this: Facebook Twitter Email Digg Print
StumbleUpon Reddit

Books and Chocolate, a Perfect Pair

OCTOBER 5, 2011
By shannon
honeybloom
in To Read, To Taste,
UNCATEGORIZED
Tags: AMEDEI,
BOOKS, CHANDLER
BURR, CHOCOLATE,
DOLCEFORTE,
FLORENCE,
KINDLE, LUCA
TURIN, MANDY
AFTEL, PERFUME,
TOSCANO RED,
TUSCANY
3 COMMENTS



I've been returning to many pleasures as my eye heals. First, reading. I've dived into several books about perfume, including books by [Mandy Aftel](#) ([Essence and Alchemy: A Book of Perfume](#) and [Scents and Sensibilities](#)), [Luca Turin and Tania Sanchez](#) ([Perfumes, the A to Z Guide](#)), and [Chandler Burr](#) ([The Perfect Scent, The Emperor of Scent](#)).

Fascinating books and authors, and inspiring as well to think of the art of perfume and the magic of flower and plant essences and fragrances.

It's been "Kindle" reading mostly, which is not quite the same as having a book in hand, flipping back and forth between the chapters. However for traveling the Kindle has been very convenient. I have only to think of a book, and it arrives magically and wirelessly.

I visited [Dolceforte](#) in Florence. The first of many visits I hope. And I purchased a bag of Italian chocolates. Yummy. So far I have enjoyed Toscano Red, made by the Tuscan chocolate company [Ameide](#). Highly recommended. It's dark chocolate with red fruits mixed in — strawberries, raspberries, cherries. the chocolate is dark and smooth and sweet, the fruit is tart and the combination is delicious.

Share this:

September Sunset

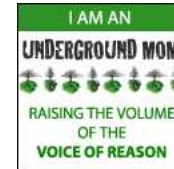
SEPTEMBER 29,
2011
By shannon
honeybloom
in To Be
THANKFUL
4 COMMENTS

Top Mommy Blogs - Mom Blog Directory

LOADED WEB

Alltop Featured in Alltop
All the top stories

BLOG CATALOG



EatonWeb Blog Directory

@ONTOPLIST.COM



SHANNON HONEYBLOOM

HOME ABOUT SHANNON LIFE
EQUALS ART THE BOOK

Blog at WordPress.com. | Theme: Elemin by Automatic. Design by Themify.



Share this: [Facebook](#) [Twitter](#) [Email](#) [Digg](#) [Print](#)
[StumbleUpon](#) [Reddit](#)

Festival Days: Festa dell’Uva

SEPTEMBER 26,
2011
*By shannon
honeybloom*
in To CELEBRATE,
To EAT
*Tags: FESTA
DELL’UVA,
FESTIVAL,
FESTIVAL OF THE
GRAPES, GRAPES,
HARVEST,
IMPRUNETA,
TUSCANY*
LEAVE A COMMENT



Sunday was the 85th annual Festival of the Grapes in Impruneta. We ate with friends on the rooftop of the lovely [Hotel Bellavista](#). (Hotel Beautiful View). They served us a wonderful and simple and perfect family style dinner — penne with meat sauce, sage ravioli, beans, spinach, various meats, and to top it off, fresh grapes and grape tart, of course! Later the children ate ice cream. Then we watched the four neighborhoods of Impruneta compete with giant floats and elaborate costumes for “Best in Show.” Rain threatened, so we hurried home before the judges decided upon the winner.

Share this:

After the storm

SEPTEMBER 19,
2011
By shannon

Storm coming in –



Rain through the shutters –



After the wind and thunder and lightning, the rain came from the mountains, cold and crisp. The children had been playing outside, happy in the wind and rain. But when the rain intensified they came in, and we watched it from the windows.

This picture above of the rain through the shutters — that is how my sight has been recently, a little obstructed. Still, things are getting better everyday.

In fact being (temporarily) half blind isn't half bad. I'm getting rest. I am enjoying quiet, healing and contemplative moments in this beautiful place. I've made some new friends as a result of this injury.

However, there are some disadvantages. There is almost no way I can slap a mosquito (*Zanzara* in Italian) from the air now. My depth perception is a little off. It makes me bump into things a little more often too. I have a little double vision.

Also, when I look into the mirror, I can hardly see half of me. Half of me is has disappeared. Half of me is foggy, ethereal. The other half remains bright and clear.

Dark and dawn and dusk and shadow are a pleasure for me these days. A relief. Bright light still makes me cringe, and it makes my eye cry. I often wear sunglasses inside.



The children are adapting to life here. Gelato, spaghetti, Nutella. They run around the olive groves and I listen to them laughing outside my window. Sometimes I venture out with them, often shrouded and looking like *The Invisible Man* in a straw hat. And we pick figs together, or apples, or pears. Then I retreat to a shady spot to enjoy the fruits of this land.

Talk about slowing down. Even without being a (temporary) cyclops, things are just slower here. And simpler.

No microwave, no fast food, no air conditioner, no TV, no radio, no stereo. No shopping during siesta time. The whole village takes a collective nap. I do too. I can't drive right now, so unless someone drives me, no going anywhere.

Just enjoying the here and now.

And eating apples from the tree.



Share this: [Facebook](#) [Twitter](#) [Email](#) [Digg](#) [Print](#)
[StumbleUpon](#) [Reddit](#)

Blue mist far off and the clouds are rolling in

SEPTEMBER 18,
2011
*By shannon
honeybloom*
*in To Storm, To
WATCH*
*Tags: FLORENCE,
ITALY, STORM,
TUSCANY*
5 COMMENTS



Share this:

Exteriors

SEPTEMBER 16,
2011
*By shannon
honeybloom*
*in To Arrive, To
EXPLORE, To
HOME-MAKE, To
TRAVEL*
*Tags: FLORENCE,
IMPRUNETA,
TERRACOTTA,
TUSCAN VILLA*
1 COMMENT



Share this: [Facebook](#) [Twitter](#) [Email](#) [Digg](#) [Print](#)
[StumbleUpon](#) [Reddit](#)

Aftelier's Jasmine — happy and bright

SEPTEMBER 12, 2011

By shannon honeybloom
 in [TO BREATHE](#),
[TO SMELL](#)

Tags: [AFTELIER](#),
[ESSENTIAL OILS](#),
[JASMINE](#), [MANDY](#)
[AFTEL](#), [PERFUME](#),
[SOLID PERFUME](#)
[8 COMMENTS](#)



Before I left New York a month ago, I stopped by [Bendel's](#) and picked up compact filled with a perfume made by [Aftelier](#), called Jasmine.

I had recently heard about [Mandy Aftel's](#) bewitching perfumes, and although for many years I have stayed away from perfumes, something prompted me to seek this one out and I am so grateful that I did. It's a solid perfume, and it comes in a beautiful small silver compact. It's all natural. Nothing synthetic about it.

It was love at first scent, and I tucked it into my purse, enjoying it along my travels to Italy. Whenever I rubbed it on my wrists and breathed in the scent, I felt bright, happy, at ease.

Days later, I found myself at the emergency room in Careggi Hospital in Tuscany. I was unexpectedly admitted for five nights, due to an [eye infection gone wild](#).

I arrived at the hospital almost empty handed. That day I had not even brought my phone with me. I was not at all expecting to be admitted. However tucked into my purse, was this perfume.

It cheered me during my stay. This scent brightened each day, as I lay in a darkened room, eyes closed against the jarring light.

I'm normally a voracious reader, but for weeks I was unable to read, or really do much of anything except rest. But I was able apply this sweet perfume to my wrists, rub it in, and inhale (breathe deeply, its so wonderful), and smile.

I enjoy scents and I'm certified in aromatherapy. I love scented bath oils — [Dr.](#)

[Luscious Bath Oils](#) are wonderful. I'm loving the [Sage](#) and the [Jasmine](#) bath oils.

[nauscnka bath Oils](#) are wonderful — I am loving the spruce and the lemon bath oils right now. [Jurlique's Skin Balancing Face Oil](#) smells delicious, and that's one of the reasons I'm a big fan of it. I clean my house with essential oils. However I've never really fallen for a perfume.

Now I realize that maybe I just didn't know where to look. [Afterlier's](#) Jasmine perfume leaves me content and light at heart. It is a floral, sweet, uplifting, happy, soothing, and sensual scent. The happy sparkle of citrus — blood orange and pink grapefruit — adds radiance and sunshine. Jasmine is said to increase joy. It's true for me — especially with this perfume and the way this blend of essential oils comes together.

It is the perfect scent for me at this moment: I am sweetly convalescing with my eyes closed. I am not unhappy, but certainly impaired in some ways. My sense of smell remains intact. And even if I must close my eyes to the brilliance of the sunset, only daring to peek after the sun has already descended, I don't need eyes to breathe in deeply this wonderful scent.

I am happily awaiting some samples of more perfumes from [Aftelier](#). I'll keep you posted.

And there are some other scents out there I'll be exploring as well, taking a little time to indulge in some delicious olfactory experiences.

Share this: [Facebook](#) [Twitter](#) [Email](#) [Digg](#) [Print](#)
[StumbleUpon](#) [Reddit](#)

Thank you

SEPTEMBER 7,
2011
By shannon
honeybloom
in **TO BE**
THANKFUL
Tags: **EMILY**
DICKINSON,
FLORENCE,
IMPRUNETA,
SUNSET, TUSCANY
6 COMMENTS

This is the beautiful sunset here tonight. Thank you for all your well wishes. I'm getting better every day!



This is the land the sunset washes,
These are the banks of the Yellow Sea;
Where it rose, or whither it rushes,
These are the western mystery!
Night after night her purple traffic
Strews the landing with opal bales;
Merchantmen poise upon horizons,
Dip, and vanish with fairy sails.
~Emily Dickinson

Share this:

« [Older posts](#)

**Follow Shannon
Honeybloom**

Get every new post delivered
to your Inbox.

Join 77 other followers

Enter email address

Powered by WordPress.com